

Activities at The Avenue Club

St Luke's, The Avenue, Kew TW9 2AJ

Tel: 020 8948 8807 Email: avenueclub@kewcommunitytrust.org.uk

Website: www.avenueclubkew.com

Monday	Tuesday	Wednesday	Thursday	Friday
	Hairdressing 9.00-3.00 Ring to Book	Chiropody 10.30 - 4.00 Ring to Book	Hairdressing 9.30 - 3.30 Ring to Book	
Men's Wellbeing 9.30 - 10.45 & 11.15 - 12.30	Art History Online Newsletter (Re-starting at The Avenue Club 09.45 - 11.30 Date: TBC)	Pilates with Caroline (Re-starting at The Avenue Club 9.30 - 10.45 Date: TBC)	Walking Group 3rd Thursday of month 9.30 at The Avenue Club	Pilates with Garry Online via zoom 9.30 - 10.45 (Re-starting at The Avenue Club Date: TBC)
Pilates with Caroline Online via zoom 10.15 - 11.15		French Conversation Online via zoom 9.30 - 11.00		
Spanish 10.00 - 11.15 & 11.45 - 1.00 From 21st Sept.	Afternoon Cinema & Film Club Online via zoom from 6th Oct.	Knit & Stitch Club 10.00 - 12.00	Opera Lectures 2nd/4th Thursday 10 - 11.30 From 1st Oct.	
Creative Writing 11.00 - 1.00 From 28th Sept.		Yoga 11.30 - 12.30 & 1.00 - 2.00 From 30th Sept.		
	Seated Exercises 1.00 - 2.00 From 15th Sept.			
Mosaic Art (Re-starting at The Avenue Club 1.30 - 3.30 Date TBC)	Italian Conversation 2.00—3.30 Currently closed to new members Please ring for details	Art Class (Re-starting at The Avenue Club 12.30 - 2.30 Date TBC)		Ukulele Online 1.30 - 3.00
			Low Impact Aerobics 2.00 - 3.00 From 17th Sept.	Line Dancing 1.00 - 1.45 & 2.15 - 3.00